AI Powered Socratic Questioning Worksheet

Purpose:
Surface hidden resistance and accelerate change using four AI-supported Socratic prompts.

Instructions:
Work through the prompts in order. Capture short notes under each question. After completing, discuss actionable steps and assign owners. Track metrics over 30 days: decision speed, stakeholder buy-in, project timeline.

Prompt 1 – Illumination
What are we overlooking in our assumptions?
(AI support: analysis of language/semantics to surface insights)

Prompt 2 – Confrontation
What beliefs are resisting this change?
(AI support: analysis of language/semantics to surface insights)

Prompt 3 – Clarification
What truths are we avoiding?
(AI support: analysis of language/semantics to surface insights)

Prompt 4 – Integration
How can we align these insights into actionable clarity?
(AI support: analysis of language/semantics to surface insights)

Prompt 1 – Illumination Notes: _____

Prompt 2 – Confrontation Notes: _____

Prompt 3 – Clarification Notes: _____

Prompt 4 – Integration Notes: _____

Metrics Tracker
Decision speed baseline _____ days   after prompts _____ days
Stakeholder buy-in baseline _____%   after prompts _____%
Project timeline slippage baseline _____%   after prompts _____%

Review these metrics after one month to evaluate the impact of AI Socratic questioning on transformation effectiveness.